

“Tone & Glow” Cosmetic Cream Order Form

Our NEW prescription-only **Estriol Face Cream** consists of **Estriol 0.3%, DMAE 3%, and Hyaluronic Acid 0.5%** mixed in hypoallergic and non-comedogenic Versabase.

How does it work? One of the many roles of estrogen in the body is to increase the synthesis of collagen, which is the skin’s underlying support structure. Collagen also promotes skin thickness and elasticity. Restoring hormone balance can restore the body’s ability to produce collagen, which ‘plumps’ your skin and helps retain its youthful appearance. Collagen atrophy is a major factor in skin aging, and there is a strong correlation between skin collagen loss and estrogen deficiency at menopause. The skin is an important estrogen-responsive endocrine tissue. Without the growth-promoting effects of estrogen, the skin thins and withers.

Estriol (E3) is considered a “weak” estrogen which can be derived from plant sources. It does not need to be counterbalanced by progesterone, and does not have a systemic (widespread) effect on the body. This makes estriol an ideal estrogen for topical use, since research suggests its application remains in the skin, rather than in the bloodstream. There is also evidence that estriol, (sometimes called the “good estrogen”) may inhibit some of the unwanted effects of estradiol by “binding” to estrogen receptors that typically promote cell proliferation.

What are the ingredients? DMAE is a nutrient that occurs naturally in our brains and facilitates the synthesis of acetylcholine. Acetylcholine works by sending messages to the muscles and stimulates their contraction. Because of this property, DMAE has been used to address sagging skin. It helps stimulate the production of acetylcholine, which enhances skin tone by firming and tightening its appearance from beneath the skin.

Another way that DMAE helps the skin is by reducing the accumulation of lipofuscin deposits inside cells. Lipofuscin is a skin pigment that can create discolorations. It has a brownish color and is a result of molecular waste when fatty acids are not metabolized properly by the body. This pigment oftentimes shows up in the form of liver spots or age spots.

Hyaluronic Acid is an active skin care ingredient that retains moisture and creates a cushion to help plump the appearance of aging skin. Hyaluronic acid also helps to heal and soothe inflammation. A pure hyaluronic acid serum can prevent fine lines and wrinkles, providing effective results on prematurely aged or mature skin types.

#30 gram pump – Apply sparingly to face and neck once daily

Patient Name: _____ DOB: _____

Patient Phone: _____

Provider Signature: _____

Provider’s printed name: _____

Date: _____, Refills: _____ NPI: _____