

Compounding Semaglutide Sublingual Order Form

Patient Name: _____

DOB: _____

Phone: _____

Address: _____

We can always work with providers and patients to personalize treatment. Please check to order, we will fill with standard directions written unless directed otherwise.

We will call patients with pricing before compounding. The monthly cost will range from \$150 to \$300 depending on dose and concentration.

New patient start:

- Step 1. Semaglutide 1mg/ml. Place 0.75ml (0.75mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards. May increase to 1ml (1mg) after 2-4 weeks of therapy.
- Step 2. Semaglutide 2mg/ml. Place 0.5ml (1mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards. May increase to 0.75ml (1.5mg) after 2-4 weeks of therapy.
- Step 3. Semaglutide 2mg/ml. Place 0.75ml (1.5mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards.

****AFTER STEP 3 – PATIENT WOULD MOVE TO THE INJECTABLE DOSES BELOW****

*If patients are having difficulty holding the dose under the tongue, they can divide the dose into multiple doses (BID, TID, etc.) or they can swish the liquid around; but, if swallowed, the medication will not work.

**Not all patients need to taper up to higher doses. Patients are to stay at current dose if appetite changes occur and/or A1c or blood sugars have improved regardless of weight loss. Several factors need to be discussed once starting therapy: nutrition (protein, protein, protein), strength training (a must for weight loss to retain muscle), supplements (Berberine, magnesium, Akkermansia probiotic, Quercetin with bromelain (bromelain helps absorption), vitamin C, melatonin, omegas, CoQ10.

Injection to Sublingual: **Semaglutide sublingual 3mg/ml concentration**

- 1.7mg maintenance injection = Place 0.66ml (2mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards.
- 2.4mg maintenance injection = Place 1ml (3mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards.

*If patients are having difficulty holding the dose under the tongue, they can divide the dose into multiple doses (BID, TID, etc.) or they can swish the liquid around; but, if swallowed, the medication will not work.

**Math conversion: absorption bioavailability of injectable is 80-90% and of oral is 0.5-1%. Divide weekly injection to a daily dose.

Signature: _____

Printed name: _____ NPI Number: _____

Quantity (ml): _____ Refills: _____ Date: _____