

Compounding Microdose Semaglutide Sublingual Order Form

We can always work with providers and patients to personalize treatment. Please check to order, we will fill with standard directions written unless directed otherwise.
We will call patients with pricing before compounding. The monthly cost will range from \$85 to \$300 depending on dose and concentration.

Patient Name: _____

DOB: _____

Phone: _____

Address: _____

New patient start:

- Step 1. Semaglutide 0.3mg/ml. Place 0.5ml (0.15mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards. Week 1-4
- Step 2. Semaglutide 0.3mg/ml. Place 1ml (0.3mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards. Week 5-8
- Step 3. Semaglutide 0.75mg/ml. Place 0.8ml (0.6mg) under the tongue and hold for at least 1 minute once daily. Do not eat or drink for 15-30 minutes afterwards. Week 9-12

Custom dose: _____

*NOT ALL PATIENTS NEED TO TAPER UP! The goal is to gradually increase until effective dose is reached.

**If patients are having difficulty holding the dose under the tongue, they can divide the dose into multiple doses (BID, TID, etc.) or they can swish the liquid around; but, if swallowed, the medication will not work.

***Not all patients need to taper up to higher doses. Patients are to stay at current dose if appetite changes occur and/or A1c or blood sugars have improved regardless of weight loss. Several factors need to be discussed once starting therapy: nutrition (protein, protein, protein), strength training (a must for weight loss to retain muscle), supplements (Berberine, magnesium, Akkermansia probiotic, Quercetin with bromelain (bromelain helps absorption), vitamin C, melatonin, omegas, CoQ10.

Signature: _____

Printed name: _____ NPI Number: _____

Quantity (ml): _____ Refills: _____ Date: _____