

# Compounded Nasal Spray Order Form

These are our most commonly prescribed options, we can always work with providers and patients to personalize treatment. Please check to order, we will fill with standard directions written in italics unless directed otherwise.

\***Ketamine** nasal spray can be used for migraine, chronic pain, Regional Pain Syndrome, and pain with depression.

\***Lidocaine** nasal spray is best for migraine, cluster and tension headaches. To reach the sphenopalatine ganglion, may work best to lie off of bed with head dangling and let lidocaine drip for a few minutes after spraying.

Patient Name:
DOB:
Phone:
Physical Address:

## Ketamine Nasal Spray

50mg/ml Spray

100mg/ml Spray  
*\*recommended starting concentration*

120mg/ml Spray

*-USE ONE SPRAY AT ONSET OF PAIN, USE ANOTHER SPRAY IN 30 MINUTES IF NEEDED. MAX 8 SPRAYS PER DAY.*

## Lidocaine Nasal Spray

4% Spray

10% Spray

*- USE ONE OR TWO SPRAYS IN EACH NOSTRIL 3-4 TIMES DAILY AS NEEDED FOR HEADACHE*

Signature: _____	Date: _____
Prescriber Address: _____	
Number of Refills: _____	Quantity: 25mL Spray Bottle
DEA: _____	NPI: _____